

## **The Way of the Japanese Crane**

*A Group Coaching Retreat for small groups of senior leaders and professionals to unfold, reflect, create and rise forward*

### **Overview**

The three-day group coaching retreat constitutes a safe and shared space for curious professionals and leaders to unfold, reflect, create and rise forward.

Stepping away from the daily business demands, participants will join a group of senior leaders and professionals to reflect and create at a privately held country house in midst of Piedmont's vineyards.

Inspired by the Way of the Japanese Crane, the program offers time and space to unfold what may feel crumpled, rediscover clarity, and lift the participants' creative capacity into flight.

Under the guidance of Susann Naomi Israel, participants will explore reflective drawing, share free associations, and explore their own concrete cases with the group.

Participants are invited to come as they are and are bound to leave with enhanced clarity, inspiration, and a renewed sense of purpose to lead with self-awareness and confidence.

**When** (the following dates are to be understood midday to midday)

Friday, January 30 to Monday, February 2

Friday, March 13 to Monday, March 16

Thursday, April 30 to Monday, May 4 – *special program co-facilitated with Nuala Dent*

Saturday, June 20 to Tuesday, June 23

Friday, July 17 to Monday July 20

Saturday, August 29 to Tuesday, September 1

Saturday, September 19 to Tuesday, September 22

Saturday, October 31 to Tuesday, November 3

### **Program details**

Three-day group coaching retreat, consisting of:

1. Pre-retreat onboarding (6-8 weeks prior) and individual pre-work (2 weeks prior)
2. Group coaching with peers
3. Creativity-based workshops (Ikigai, Origami)
4. A quiet, beautiful place to think and reflect
5. Post-retreat remote individual coaching session (2-4 weeks after)

Included: Coaching program, accommodation, and meals (prepared together onsite, plus two dinners in nearby Acqui Terme).

Not included: Travel and insurances.

Prospective participants are expected to create a group committed to working together and supporting each other, and to tap collective insights.

## **Where**

Casa Hygge, Regione Costa 19, 150110 Terzo (AL), Italy ([LINK](#))

Individual rooms and shared bathrooms available, vast private spaces on the property, situated in beautiful Italian countryside.

## **About the facilitator**

### **Susann Naomi Israel**

Executive & Group Coach, Organisational Development Consultant

*Creating safe spaces for leaders to reflect, connect, and unlock creative capacity from within*

[LinkedIn](#)

## **My Commitment**

I am facilitating a reflective and creativity-based transformative experience for participants.

My coaching work is guided by the principles of the EMCC Global Code of Ethics and organisational psychology education at INSEAD Business School.

## **Contact**

Susann Naomi Israel

[susann@naomiisrael.com](mailto:susann@naomiisrael.com)

Mobile / WhatsApp: +41 79 934 0671